



Sacred Heart Church Faith Formation Program

CHOOSING OF A SAINT NAME

Names of saints are chosen to serve as patrons and models for those being confirmed. Many people choose a saint's name as their "Confirmation Name." The preferred name to be used is your baptismal name because it expresses the relationship that exists between Baptism and Confirmation. If a new name is taken, however, it should be the name of a recognized saint of the Catholic Church. If the baptismal name is not that of a recognized saint, a new name should be chosen for Confirmation.

Candidates should choose a patron saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life that the saint led. You may want to choose the name of a saint who represents the type of Christian you wish to be. It is important to learn as much as you can about this saint.

WRITING YOUR SAINT ESSAY

Write an essay 100 words or more describing the life of your chosen saint in your own words. Make sure to include the following information in your essay:

- Saint's name and Feast Day
- Birthplace
- Family Life
- Occupation
- Life and death
- What are they the patrons of?
- Why did you choose this saint's name as your Confirmation name?
- How is the saint a model for you as a Christian today?

This biography must be typed. Include your name at the top of the biography. If we can be of any assistance in your research, please don't hesitate to ask.

**Completed biographies are due on or before February 9, 2022.
(Return to the Faith Formation office or email to faithform@wearesacredheart.org)**