

## THE CHOOSING OF A CHRISTIAN NAME

Names of saints are chosen to serve as patrons and models for those being confirmed. Many people choose a saint's name as their "Confirmation Name." The preferred name to be used is your baptismal name because it expresses the relationship that exists between Baptism and Confirmation. If a new name is taken, however, it should be the name of a recognized saint of the Catholic Church. If the baptismal name is not that of a recognized saint, a new name should be chosen for Confirmation.

Candidates should choose a patron saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life that the saint led. You may want to choose the name of a saint who represents the type of Christian you wish to be. It is important to learn as much as you can about this saint.

Whether you decide to stay with you Baptismal name or pick a new name, take the time to research and explore the life of your patron saint.

Please prepare a brief biography about your patron saint (Baptismal name or new name chosen for Confirmation.) Use the following checklist to help you write your biography.

### Biography Checklist

\_\_\_\_\_ Saint's name and Feast Day

\_\_\_\_\_ Saint's birth place

\_\_\_\_\_ Family life

\_\_\_\_\_ Occupation

\_\_\_\_\_ Life and death

\_\_\_\_\_ What virtues did this saint practice during his/her life?

\_\_\_\_\_ What aspect of this person's Christian life attracted you? In other words, why did you choose this saint's name as your Confirmation name?

\_\_\_\_\_ How is the saint a model for you as a Christian today?

This biography may be neatly handwritten or typed. Include your name and grade at the top of the biography. If we can be of any assistance in your research, please don't hesitate to ask. **Do Not use wikipedia as a source.**

**Completed biographies are due on or before March 4, 2020.**

**(Return to your Catechist or bring to the main office)**

Students who are unsure of the Saint's name they will be choosing for Confirmation may prepare the biography using their baptismal name if named after a saint. However, you must advise the office when a Confirmation name is chosen.

- If you are making an adjustment to the spelling of the Saint's name please indicate clearly in the opening of your essay. (i.e. I have chosen the name Madelyn in honor of Saint Madeline....).